

FIM Community Locations & Times in Regina September 2024 - June 2025

Please note: Classes may require membership to the community association and depending on the location the maximum number of participants may be 15.

West Zone Locations		
Dieppe School, 145 Dorothy Street – Not confirmed Dieppe-Westerra Community Association	Mondays, Wednesdays & Fridays	10:00 am
Heritage United Church, 1050 North Arnason Street Rosemont Community Association	Mondays, Wednesdays, Fridays	10:00 am
Holy Trinity Roman Catholic Church 5020 Sherwood Drive	Tuesdays	1:30 pm
New Hope Lutheran Church 370 McIntosh Street	Thursdays	9:30 am
Northwest Leisure Centre – community membership and registration required 1127 Arnason Street	Thursdays	1:30 pm
Rosewood Park Alliance Church Courtney Street (306) 543-8233	Wednesdays	9:30 am
St. James United Church – community membership required 4506 Sherwood Drive	Wednesdays	10:30 pm
Westhill Baptist Church 8025 Sherwood Drive	Ongoing	10:00 am

North Zone Locations

Argyle Park Community Centre 55 Davin Crescent	Starts September 16	Mondays & Thursdays	11:00 am
Northgate Mall Walkers 489 Albert Street North (306) 501-2406 North East Community Association	Ongoing	Mondays to Fridays	8:30 am
Our Lady of Peace 425 Broad Street North (306) 543-5355	Starts September 10	Tuesdays & Thursdays	9:45 am
Regent Place Library 331 Albert Street (306) 777-6000		Tuesdays	1:00 pm

East Locations

Glencairn Community Centre – community membership required 2626 Dewdney Avenue East (306) 777-7747	Ongoing	Mondays & Thursdays	9:00 am 9:00 am
Living Spirit Church 3018 Doan Drive (306) 789-0265		Mondays Thursdays	1:00 am 10:00 am
Sunrise Library SSLC 3130 Woodhams Drive	Starts September 16	Mondays & Thursdays	1:00 pm 1:00 pm

Central Zone Locations		
Cathedral Neighbourhood Centre – community membership and registration required 2900 13 th Avenue (306) 777-7034 Starts September 23	Mondays & Fridays	1:00 pm
Christ Lutheran Church 4825 Dewdney Avenue	Mondays	10:00 am
Core Ritchie Neighbourhood Centre 445 14 th Avenue	Tuesdays	9:30 am
Queen City Eastview Community Centre – Not offered at this time 615 6 th Avenue (306) 525-4757	Thursdays	10:00 am
Mâdawêyatitân Centre, 3355 6th Avenue (306) 791-9888 North Central Community Association Starts September 3	Tuesdays	10:30 am
St. Cecilia Parish 5020 7 th Avenue Starts September 9	Mondays & Wednesdays	10:00 am

South Zone Locations			
Elphinstone Senior Citizens Centre 2404 Elphinstone Street (306) 359-3847	Ongoing	Mondays & Thursdays	9:30 am
First Presbyterian Church 2170 Albert Street (306) 522-9571	Start September 17	Tuesdays	11:30 am
George Bothwell Library Southland Mall 2965 Gordon Road (306) 777-6091		Thursdays	1:00 pm 2:15 pm
Our Savior's Lutheran Church 190 Massey Road (306) 586-0006		Mondays	1:00 pm
South Leisure Neighbourhood Centre 170 Sunset Drive (306) 777-7031		Mondays & Thursdays	10:00 am
St. Mark Lutheran Church 3510 Queen Street (306) 586-9811		Tuesdays	10:00 am
St. Mary's Anglican Church 3337 15th Avenue (306) 522-6052		Tuesdays	10:30 am
YMCA, South Albert 3801B Albert Street (Beside CO-OP pharmacy)		Tuesdays	1:00 pm