

## Saskatchewan and Area Physical Therapy Clinics Providing Treatment for Pelvic Floor Dysfunction

Limited public physiotherapy programs are available at no cost to the client. The majority of physiotherapy services require direct payment by clients. Fees for physiotherapy services may be covered by private or supplemental health insurance. Please verify with each facility, as this list is subject to change.

This document has been compiled by the Saskatchewan Pelvic Floor Pathway and is updated regularly on our website. Find this and more resources by clicking <https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway> or search "SHA Pelvic Floor Pathway" in your web browser.

Only licensed physical therapists with additional training (set out by the provincial College of Physical Therapists) can perform **internal** pelvic floor physical therapy services.

SASKATOON AND AREA		
Craven S.P.O.R.T. Services #3 – 701 2nd Avenue North, Saskatoon <a href="http://www.cravensportservices.ca">www.cravensportservices.ca</a>	Ph: 306-934-2011 F: 306-934-2012	<input type="checkbox"/> fee for service <input type="checkbox"/> women <input type="checkbox"/> pediatric
Donald Physiotherapy 80 - 3211 Preston Avenue, Saskatoon <a href="http://www.donaldphysiotherapy.com">www.donaldphysiotherapy.com</a>	Ph: 306-933-3372 F: 306-933-3373	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Empowered Pelvic Wellness <a href="http://www.empoweredpelvic.ca">www.empoweredpelvic.ca</a> Saskatoon	Ph: 306-700-3699	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Holistic Physiotherapy & Wellness 302-4th Ave, Saskatoon <a href="http://www.holisticphysiowellness.ca">www.holisticphysiowellness.ca</a>	Ph: 306-373-0060 F: 306 373 -0061	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Ignite Heath. 1303 Ave P South Saskatoon <a href="http://www.igniteathletics.com">www.igniteathletics.com</a>	Ph: 306 665-9984 F: 306 665-9966	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Kinetik Rehabilitation - Saskatoon City Hospital 8th Floor, 701 Queen Street Saskatoon <a href="http://www.kinetikrehab.com">www.kinetikrehab.com</a>	Ph: 306 655-8974 F: 306 655-7878	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Lead Integrated Health Therapies 214 Joseph Okemasis Dr. Saskatoon <a href="http://www.leadpilates.com/lead-pelvic-floor-health">www.leadpilates.com/lead-pelvic-floor-health</a>	Ph: 306-955-5558 F: 306-955-5571	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Lifemark Clinic 8th Street 304 – 3907 8th Street East, Saskatoon <a href="http://www.lifemark.ca/8th-Street">www.lifemark.ca/8th-Street</a>	Ph: 306-652-5151 F: 306-652-5153	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Lifemark Clinic Stonebridge 105-203 Stonebridge Blvd, Saskatoon <a href="http://www.lifemark.ca/Stonebridge">www.lifemark.ca/Stonebridge</a>	Ph: 306-649-2288 F: 306-649-2290	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Mackie Physiotherapy 3012 Arlington Avenue, Saskatoon <a href="http://www.mackiephysio.com">www.mackiephysio.com</a>	Ph: 306 955-7888	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Movement Chiropractic <a href="http://www.movementchiropractic.ca">www.movementchiropractic.ca</a> 3602 Taylor Street East, Saskatoon	Ph: 306-244-6121 F: 306-244-6122	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Myranda Reimer, Strength and Conditioning Physiotherapy, Saskatoon. <a href="http://www.myrandareimer.com">www.myrandareimer.com</a>	Ph: 306-381-3446 F: 306-500-9986	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Nomad Therapies. 100 - 1202 Emerson Avenue, Saskatoon <a href="http://www.nomadtherapies.ca">www.nomadtherapies.ca</a>	Ph: 306-382-2939 F: 306-934-2517	<input type="checkbox"/> fee for service <input type="checkbox"/> women

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Prairie Pelvic Health 619 8th St E, Suite 105, Saskatoon <a href="http://www.prairiepelvichealth.com">www.prairiepelvichealth.com</a>	Ph: 306 244-0244 F: 306 700 2377	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Reynolds Physiotherapy 130-2501 Jasper Ave S, Saskatoon <a href="http://www.reynoldspysiotherapy.com">www.reynoldspysiotherapy.com</a>	Ph: 306-700-3138 F: 639 630 2119	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Saskatchewan Pelvic Floor Pathway Clinic Saskatoon City Hospital, 701 Queen Street, Saskatoon <a href="https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway">https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway</a>	Ph: 306-655-7901 F: 306-655-7918	<input type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> women
Saskatoon Pessary Clinic (also provides PT services) Saskatoon <a href="http://www.saskatoonpessaryclinic.com">www.saskatoonpessaryclinic.com</a>	Ph: 306-912-6269 F: 1-855-915-0292	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Saskatoon Community Clinic (only with referral from within Community Clinic) <sup>nd</sup> 455 – 2 <sup>nd</sup> Avenue North, Saskatoon <a href="http://www.saskatooncommunityclinic.ca">www.saskatooncommunityclinic.ca</a>	Ph: 306-664-4259 F: 306-975-2188	<input type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> men & women
Still Physio 201-626 Broadway Ave, Saskatoon. <a href="http://www.stillphysio.ca">www.stillphysio.ca</a>	Ph: 306-270-5217	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Urology Centre of Health, St. Paul's Hospital 1702 - 20 <sup>th</sup> Street West, Saskatoon <b>Only men having surgery at St Paul's – pre and post prostatectomy</b>	Ph: 306-655-5072 F: 306-655-5082	<input type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> men
Vangool Wellness & Physiotherapy 3026 Taylor Street E, Saskatoon <a href="http://www.vangoolwellness.com">www.vangoolwellness.com</a>	Ph: 306-242-9355 F: 306-242-9508	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Venture Rehabilitation Sciences Group – Venture Clinic 109 – 294 Venture Crescent, Saskatoon <a href="http://www.venturerehab.ca">www.venturerehab.ca</a>	Ph: 306-665-1962 F: 1-866-340-0109	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Venture Rehabilitation Sciences Group 220 Betts Ave #90, Saskatoon <a href="http://www.venturerehab.ca">www.venturerehab.ca</a>	Ph: 306-665-1962 F: 1-866-340-0109	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Warman Physiotherapy and Wellness 105 Klassen Street, Warman <a href="http://www.warmanphysio.com">www.warmanphysio.com</a>	Ph: 306-373-9355 F: 306-373-9357	<input type="checkbox"/> fee for service <input type="checkbox"/> women & pediatric
Warman Physiotherapy and Wellness- Saskatoon location Unit #120, 1260 Baltzan Blvd Saskatoon <a href="http://www.warmanphysio.com">www.warmanphysio.com</a>	Ph: 306-931-9355 F: 306-373-9357	<input type="checkbox"/> fee for service <input type="checkbox"/> women & pediatric
Women's Wellness Physiotherapy 200 15-23rd Street East Saskatoon <a href="http://www.wwpysiotherapy.ca">www.wwpysiotherapy.ca</a>	Ph: 306 954-9939 F: 306 954-9940	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Zone Sports Physiotherapy- Lakeside Centre 140-215 Joseph Okemesis Drive, Saskatoon <a href="http://www.zonesportspt.com">www.zonesportspt.com</a>	Ph: 306 477-ZONE (9663) F: 306 477-9664	<input type="checkbox"/> fee for service <input type="checkbox"/> women

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<b>REGINA AND AREA</b>		
Brownstone Health 1455 Rose Street, Regina <a href="http://www.brownstonehealth.ca">www.brownstonehealth.ca</a>	Ph: 306-779-1275 F: 306-779-1276	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Emerald Physiotherapy and Rehabilitation (Maternity & Wellness Clinic) 606 Victoria Ave Regina <a href="http://www.emeraldphysio.ca">www.emeraldphysio.ca</a>	Ph: 306-347-1999 F: 306-347-1998	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Haas Physical Therapy 336 Great Plains Rd, Emerald Park <a href="http://www.haasphysicaltherapy.ca">www.haasphysicaltherapy.ca</a>	Ph: 306-559-5676 F: 306-559-5637	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Haas Physical Therapy 4535 Rochdale Blvd, Regina <a href="http://www.haasphysicaltherapy.ca">www.haasphysicaltherapy.ca</a>	Ph: 306-559-6469 F: 306-559-6483	<input checked="" type="checkbox"/> fee for service <input type="checkbox"/> men & women
Lifemark Regina Sports and Physiotherapy Clinic 1524 Albert Street, Regina <a href="http://www.reginaphysio.com">www.reginaphysio.com</a>	Ph: 306-522-4995 F: 306-352-1735	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Stapleford Health and Rehab Centre 1712 Badham Blvd, Regina <a href="http://www.staplefordhealth.ca">www.staplefordhealth.ca</a>	Ph: 306-543-0990 F: 306-545-5634	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Saskatchewan Pelvic Floor Pathway Clinic Regina Centre Crossing, 1621 Albert Street, Suite 102, Regina. <a href="https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway">https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway</a>	Ph: 306-766-0482 F: 306-766-7551	<input checked="" type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> women
<b>ESTEVAN</b>		
St. Joseph's Hospital, Therapies Department 1176 Nicholson Road, Estevan	Ph: 306-637-2410 F: 306-637-2485	<input type="checkbox"/> no cost to patient <input type="checkbox"/> women
<b>HUMBOLT</b>		
Evolve Chiropractic <a href="http://www.evolvechiropractic.ca">www.evolvechiropractic.ca</a> 540B 7th Street Humboldt	Ph: 306-682-8282 F: 306-682-8283	<input type="checkbox"/> fee for service <input type="checkbox"/> women
<b>LA RONGE and AREA</b>		
La Ronge Saskatchewan Health Authority Physical Therapy Department	Ph: 306-425-8504 F: 306-425-5173	<input type="checkbox"/> no cost to patient <input type="checkbox"/> women
<b>LLOYDMINSTER</b>		
Lloydminster Hospital, Therapies Department, Saskatchewan Health Authority 3820 – 43rd Avenue, Lloydminster	Ph: 306-820-6055 F: 306-820-6165	<input type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> men & women
<b>MEADOW LAKE</b>		
Elevation Health, 307 Centre Street, Meadow Lake <a href="http://www.elevationhealth.net">www.elevationhealth.net</a>	Ph: 780-594-9177 F: 780 594 9178	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
<b>MELFORT</b>		
Parkland Place, 402 Bemister Ave East, Melfort	Ph: 306-752-1750 F: 306-752-7006	<input checked="" type="checkbox"/> no cost to patient <input type="checkbox"/> men & women

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<b>MOOSE JAW</b>		
Moose Jaw Physical Rehabilitation 15 Thatcher Drive, Moose Jaw <a href="http://www.mjphysicalrehab.com">www.mjphysicalrehab.com</a>	Ph: 306-693-0545 F: 306 693-0521	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
<b>NIPAWIN</b>		
Nipawin Hospital, Community Services- Therapy Department Saskatchewan Health Authority 800 6th St E, Nipawin	Ph: 306-862-9822 F: 306 862-3250	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> women
<b>NORTH BATTLEFORD AND AREA</b>		
CBI Physical Rehabilitation Centre 9800 Territorial Drive, North Battleford <a href="http://www.cbi.ca/web/physiotherapy-north-battleford-territorial">www.cbi.ca/web/physiotherapy-north-battleford-territorial</a>	Ph: 306-446-5670 F: 306-446-5671	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Primary Health Centre – North Battleford Medical Clinic 101 – 11427 Railway Avenue, North Battleford	Ph: 306-446-6459 F: 306-446-6432	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
Northwest Wellness 172 Main Street, Glaslyn <a href="http://www.northwestwellness.embodiaapp.com">www.northwestwellness.embodiaapp.com</a>	Ph: 306-321-4121 F: 306-352-1803	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Unity and District Health Centre, Airport Road, Unity (Also services Kerrobert and area)	Ph: 228 2666 ex 2984 F: 306 228 2292	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> men & women
Venture Rehabilitation Sciences Group 982 102nd Street, North Battleford <a href="http://www.venturerehab.ca">www.venturerehab.ca</a>	Ph: 306-665-1962 F: 306-975-0109 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
<b>OUTLOOK</b>		
Sim Physiotherapy 209 Saskatchewan Ave E, Outlook <a href="http://www.simphysio.com">www.simphysio.com</a>	Ph: 306-867-2088 F: 306-867-2098	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
<b>PRINCE ALBERT</b>		
Freedom Physiotherapy & Consultants 13-2685 2nd Avenue West, Prince Albert <a href="http://www.freedomphysio.ca">www.freedomphysio.ca</a>	Ph: 306-763-2322 F: 306-763-2320	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Physio Fit Therapy & Fitness 365-36th Street West, Prince Albert <a href="http://www.physiofitpa.net">www.physiofitpa.net</a>	Ph: 306-764-3479 F: 306-764-3479	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
<b>SWIFT CURRENT</b>		
Central Avenue Physiotherapy 302 Central Avenue North, Swift Current <a href="http://www.achesandsprains.ca">www.achesandsprains.ca</a>	Ph: 306-773-8313 F: 306-773-8316	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
STRIDE Physio & Performance 220 1st Avenue NW, Swift Current <a href="http://www.hityourstride.ca">www.hityourstride.ca</a>	Ph: 306-778-7770 F: 306-778-7710	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
<b>TISDALE</b>		
Tisdale Community Health Services 600-110th Ave, Tisdale	Ph: 306-873-8282 F: 306-878-2168	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> men & women
Venture Rehabilitation Sciences Group 701 100th Street, Tisdale <a href="http://www.venturerehab.ca">www.venturerehab.ca</a>	Ph: 306-873-3744 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women

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<b>WEYBURN</b>		
Centered Physiotherapy + Yoga 50-3rd St. N.E. Weyburn <a href="http://www.centeredphysio.com">www.centeredphysio.com</a>	Ph: 306-842-3772 F: 306-842-3773	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
<b>YORKTON</b>		
Evolve Functional Rehabilitation & Performance, 95 Broadway Ave East, Yorkton <a href="http://www.evolveyorkton.ca">www.evolveyorkton.ca</a>	Ph: 306-842-3772 F: 306-842-3773	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Prairie Physiotherapy 383 Parkview Rd, Yorkton <a href="http://www.prairieviewphysiotherapy.ca">www.prairieviewphysiotherapy.ca</a>	Ph: 306-700-0120 F: 306-700-5012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
ProActive Physiotherapy 2 - 279 Hamilton Rd, Yorkton <a href="http://www.proactive-physio.janeapp.com">www.proactive-physio.janeapp.com</a>	Ph: 306-620-6940 F: 1-833-411-1292	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women

<b>OUT OF PROVINCE SERVICES NEAR SASKATCHEWAN BORDERS</b>		
Alberta Physical Therapy 106 1235 Southview Drive SE, Medicine Hat, AB <a href="http://www.aptcinc.ca">www.aptcinc.ca</a>	Ph: 403-527-9477 F: 403-527-8274	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Theracare Physiotherapy (Co-op Mall) 118 – 3030 13th Avenue SE, Medicine Hat, AB <a href="http://www.theracarephysio.com">www.theracarephysio.com</a>	Ph: 403-488-7888 F: 403-487-5445	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Excel Physical Therapy 568 South Railway St SE #3, Medicine Hat, AB <a href="http://www.excelpt.ca">www.excelpt.ca</a>	Ph: 403-504-1004 F: 403-504-1009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Element Physiotherapy 728-18th St Brandon, MB <a href="http://www.elementphysio.ca">www.elementphysio.ca</a>	Ph: 204-728-4466 F: 204-728-9009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Physio4U 459 23 Street, Brandon, MB <a href="http://www.physio4u.net">www.physio4u.net</a>	Ph: 204-725-4066 F: 204-725-0012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Dynamic Physiotherapy and Sports Injury Brandon, MB <a href="http://www.dynamicphysio.net">www.dynamicphysio.net</a>	Ph: 204-725-2098 F: 204-725-2314	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women